

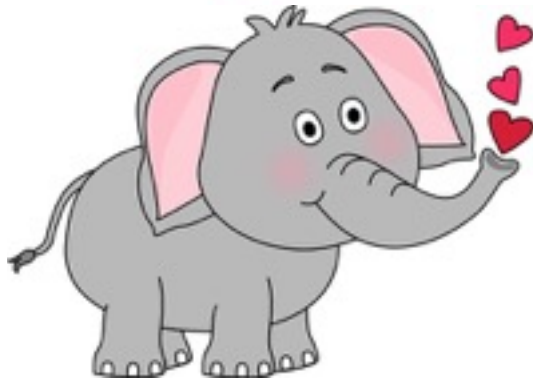
GOOCHLAND REPUBLICAN WOMEN NEWSLETTER

FEBRUARY 2016

**NEXT GRW MEETING:
FRIDAY, FEBRUARY 5**

10:00 a.m. Coffee and Conversation
10:30 a.m. Meeting and Program

Manakin Firehouse
180 River Road West
Manakin-Sabot, VA



OUR SPEAKER WILL BE:

CHELSEA CASSIDY

LCSW (LICENSED CLINICAL
SOCIAL WORKER)

Ms. Cassidy will explore the myths regarding hospice care and provide us with information concerning the importance of living and dying with dignity.

This discussion will address the myths and realities of hospice care and how this program honors the whole person in physical, emotional, social and spiritual needs. Because all of us will eventually have a friend or family member in need of hospice care, this discussion will provide us with some of the tools we will need to make educated decisions when we are faced with tough choices.

SAVE THE DATE:

FRIDAY, FEBRUARY 5: GRW Monthly Meeting.

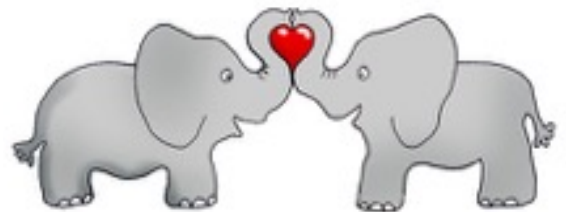
TUESDAY, FEBRUARY 16: GCRC Monthly Meeting, noon, Bella Sicilia in Goochland.

FRIDAY, MARCH 4: GRW Monthly Meeting.

TUESDAY, MARCH 15: GCRC Monthly Meeting, Noon, Bella Sicilia in Goochland.

APRIL 22-24, 2016: VFRW Convention at the Hilton Hotel at Tyson's Corner.

APRIL 30: RPV State Convention.



**WELCOME TO OUR
NEW GRW MEMBERS!**

*Colleen Bishop
Barb Young*

GRW Committee Reports and Requests.



The deadline for inclusion in the 2016 Membership Directory is February 15. Make sure you send in a completed form and check by the deadline! See page 4 of this newsletter for the form. This deadline applies to ALL members and associates! (Please submit just one phone number.)

Know of someone in our club going through a difficult time? Please send the information to our **Sunshine Chairman Alison Ervin** so she can pass along our best GRW wishes! Alison can be reached at 1HONDO@comcast.net or (804) 784-4614.



Thank you to our **2015 Historian Carol Pipes** for producing such a complete, attractive record of our activities and accomplishments for 2015. If you missed seeing it at our January Meeting, it will be available at our February Meeting as well.

Literacy Chairman **Becki Stokes** donated I am a Seal Team 6 Warrior, an Abraham Lincoln biography, and 2 copies of Unbroken (Mamie Eisenhower reading list) to GMS and GHS. She attached GRW bookplates inside the books before delivering them on January 14. Please continue to donate books (especially children's books) to this effort!



State Senator Tom Garrett (R-22nd) spoke at our January meeting. He has announced his candidacy for the seat of retiring Congressman Hurt (R-5th). Senator Garrett has promised us that he will do his job with the Virginia Assembly to the best of his ability while he runs for this seat. He believes that the Republican Party will do well if they succeed in coalescing around whoever their nominee for President is. In regards to Obama's massive expansion of our national debt, Senator Garrett stated that currently, our representatives in Washington, DC are "selling our children's liberty for luxury and votes today".

MEET THE
★
CANDIDATES



Mary Martin, Tom Garrett, Tyler Scott

Interested in getting a Utah non-resident CWP (Concealed Weapons Permit)?

The Utah Concealed Firearm Permit is one of the most coveted concealed permits in the nation. The permit has reciprocity and recognition in a large number of states.

Pegasus Firearms teaches this class in Virginia.
pegasusfirearmsllc.com or
Buddy Blanton at 804-731-9760.

Thanks Margie Derreberry for this information!

FEBRUARY IS HEART MONTH!

Ask your doctor what your blood pressure is and what it should be. If it's too high, set some goals to lower it.

If you take a medication for blood pressure, be sure you don't miss a dose!

If you don't smoke, don't start. If you do, try quitting with help from your doctor.

Reduce your sodium intake.





Volunteer

STATE SENATOR TOM GARRETT (R, 22TH DISTRICT) has declared his candidacy for **Virginia's 5th Congressional District**. Contact Kevin Reynolds at (434) 944-7770 for more information.

SHERIFF MIKE WADE (R, HENRICO COUNTY) has filed to run as a republican representing **Virginia's 7th Congressional District**. Campaign information will be published as soon as it becomes available.

CONGRESSMAN DAVE BRAT (R, VA 7TH DISTRICT) is seeking **reelection** for his seat. Contact his staff at (804) 496-8214 or campaign@davebrat.com.

LEGISLATIVE UPDATE:

***District 4 Supervisor Bob Minnick** has been elected **Chairman of the Goochland County Board of Supervisors**.

***District 3 Supervisor Ned Creasey** has been elected **Vice Chairman**.

In the General Assembly, there are currently three times as many bills as there were this time last year. They are in reaction to all the things that are going on in our state. Senator Garrett shared with us that some bills are in regard to sanctuary city status. Criminal Justice reform is also an area generating a lot of legislation this term. Goochland County has submitted bills regarding our issues with sludge.



REPUBLICAN PRESIDENTIAL PRIMARIES:

Monday, February 1
Tuesday, February 9
Saturday, February 20

Tuesday, February 23
Tuesday, March 1

IOWA CAUCUS
NEW HAMPSHIRE
NEVADA CAUCUS
SOUTH CAROLINA
NEVADA CAUCUS
SUPER TUESDAY
VIRGINIA PRIMARY

Dear GRW Ladies:

As you could probably tell by the expression on my face...I was really caught off-guard when Susan presented me with the gift from the club at our January meeting. I wish I had opened it so everyone could see...the beautiful framed print of the Sabot Village with easel, mug with the Sabot Village scene and the set of Villages of Goochland note cards. The gifts are so special and will always remind me of the wonderful members of GRW.

I, also, want to thank my Executive Board, Standing Committee Chairs, Special Committee Chairs for all their hard work and support in 2015. It was an honor and privilege to serve as GRW president and I look forward to a bright future for GRW under the outstanding leadership of our 2016 President Susan Lascolette and Executive Board.

With Sincere Thanks, Patricia

GRW EXECUTIVE BOARD

President: Susan Lascolette

First Vice-President (Programs): Mary Martin

Second Vice-President (Membership): Dillie Spevak

Recording Secretary: Irma Gopper

Corresponding Secretary: Ann Beauchamp

Treasurer: Carolyn Moore

GRW STANDING COMMITTEES

By-Laws: Linda Smith

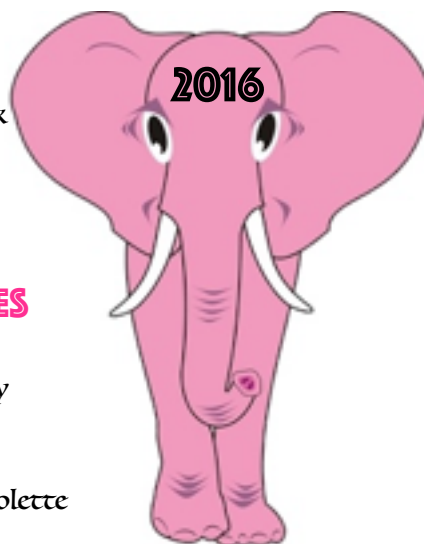
Campaign Activities: Margie Derreberry

Finance: Mary Webb, Pam Venitz

Historian: Carol Pipes

Legislative: Charlotte Whitmire, Susan Lascolette

Public Relations: Debra Arnold



GRW SPECIAL COMMITTEES

Caring for America:

Fundraising: Sylvia Diersen, Joan Wilkins

Hospitality: Kay Gates, Susan Lascolette,

Carolyn Moore

Literacy: Becki Stokes

Newsletter: Ann Beauchamp

Parliamentarian: Pam Johnson

Sunshine: Alison Ervin

Support the Groops: Bobbi Scruggs

Webmaster:

Yearbook: Carolyn Moore

Nominating Committee: To Be Elected

This form and payment must be returned to the address listed no later than FEBRUARY 15 if you want to be included in the 2016 directory!



Goochland Republican Women

There is power in numbers . . . and if we act together we can make a difference! Please join us!

- Monthly member meetings, featuring inspiring local- and nationally-renowned speakers
- Public policy updates on county, state and national issues that can impact you
- Republican candidate campaign engagement and support
- Goochland community service opportunities
- Access to resources from the Virginia and National Federations of Republican Women
- Social networking events with Goochland women who share your interests

For more information, please contact: membership@goochlandrepublicanwomen.org

To Join Now . . .

Please complete and mail this form along with a check for \$25.00 for full membership and \$15.00 for associate membership (Associate members include men, husbands of members, or women who are full members of another VFRW Chapter) make checks payable to Goochland Republican Women ('GRW'), Attn: Treasurer, P.O Box 34, Manakin-Sabot, VA 23103.

Membership dues cover January 1, 2016 thru December 31, 2016.

You'll receive GRW monthly meeting notices and news right away, and we look forward to seeing you!

Name: _____ Husband: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____

****Due to the ever growing cost of stamps GRW's primary method of communication is by email.****

I vote at the following location: (please circle)

District 1	District 2	District 3	District 4	District 5
Fife Fire House Company 4 (Fife Precinct)	Smyrna Baptist Church Fellowship Hall (Three Square)	Goochland Fire House Company 5 (Goochland Courthouse) Precinct 1 & 2	St. Mathews Church Fellowship Hall (Centerville Precinct)	Dover Baptist Church (Manakin Precinct)
County Line Baptist Fellowship Hall (Hadensville Precinct)	Goochland Recreation Center (Sandy Hook)		Shallow Well 850 Broad St. Rd. Manakin-Sabot, VA	Collegiate School Athletic Building (Blair Road Precinct)